

Online Video: YES



On Track 16 Core Courses: [Yes](#)

Video Link:

<http://www.proehlfic.com/cknox.html>

School Data

James Madison High School
4833 Doliva Drive, San Diego, CA 92117

Head Coach: Rick Jackson (619) 559-0066 E-Mail: rjackson2@sandi.net

Conference: 5A Division 1 Enrollment: 1,270

Athletic Profile

Pos/Event: Quarterback

Height: 6' 1 1/2" Weight: 192 Jersey #: 9

Other Sports: Baseball * Track

40 Yd: 4.6 Vert. Jump: 30 1/2" Shuttle: 4.14

Bench: 220 Squat: 360 Power Clean: 225

Wing Span: 74"

Personal and Academic

Address: 4566 Bambugh Place San Diego California 92117

Parent/Guardian: Christian & Michelle Knox

Phone: (949) 521-3338 E-Mail: chasek1414@aol.com

GPA: 3.65 PSAT: ACT: 12/11/10

SAT: 1710 Critical Reading: 570 Math: 600 Writing: 540

Desired Major: Undecided Religion: Christian

Financial Aid: Yes NCAA Clearinghouse: 1010302969

Academic / Athletic Stats and Honors

- **2010** 1st Team All-CIF Football * Passer Rating 123 * 2358 Passing Yards * 28 TD's * 4 INT's
- **2010** 230 Rushing Yards * 2 TD
- **2010** 225 Attempts * 123 Completions * .547% * 191.7 Yards Per Game
- **2010** The National Society of High School Scholars * Little League Volunteer Coach
- **2010** Serves as an Acolyte for All Saints Episcopal Day School
- **2009** 2nd Team All Region Team in the 5A Fiesta Region * 9-3 Record
- **2009** 258 Passing Attempts 140 Completions * 1,723 Yards * 15 TD's * 155 Rushing Yards * 3 TD's
- **2009** Proehlfic Park High School Football Camp run by Ricky Proehl
- **2008** Made the Varsity Team as a Freshman * State Runner Ups
- **2008** 7 Pass Attempts * 4 Completions * 30 Yards
- **2008** Little League Volunteer

Skills and Attributes

Head Coach Rick Jackson States, "Chase is a great leader, communicator and he is very positive with his teammates. He is very intelligent on and off the football field, he has the ability to read defenses and adjust our calls based on what he reads. His athletic tools are very strong, he has a great arm and he moves very well in the pocket. I am excited about Chase's future as a Quarterback, he has all of the tools necessary to be very successful and his work ethic is second to none". Ricky Proehl states, "Chase came to my football camp this summer and was an impressive athlete. His strong arm coupled with his speed and agility will make him a force to be reckoned with on the football field." Chase attended the Proehlfic Park Football Camp and worked with 4 professional football players working on his technique and arm strength. Chase was taught how to read defensive coverage's and make quick decisions with the football. He is a very serious student of the game always inquiring about tactical situations and options then brings these tactics immediately into the game. He exhibits maturity and confidence on and off the playing field. Chase brings all the skills and abilities college coaches are looking for in a talented college prospect. He displays his winning attitude by his dedication in the classroom as well as his involvement in his associations, volunteering, baseball and track. Chase will make an excellent addition to any football program that values talent, hard work and integrity.